

# CERTIFICATE IN THERAPEUTIC MASSAGE AND AAS PROGRAM



## Daytime Schedule\*

Trimester 1		Credits
MTSC-1201	Anatomy and Physiology 1	4.00
BLS-1000	Basic Life Support	0.00
MTPR-1121	Ethics and Professionalism	2.00
FAD-1000	First Aid	0.00
MTPR-1122	Foundations of Evidence-Informed Practice	1.00
MTSC-1102	Fundamentals of Nutrition	2.00
MTPR-1123	Legal Aspects of Therapeutic Massage	0.50
MED-1000	Medical Terminology	1.00
MTCL-1100	Pre-Clinic Workshop	1.50
MTTE-1101	Relaxation Massage 1	2.50
MTTE-1102	Relaxation Massage 2	2.00
INCR-1001	Foundations of Integrative Care	1.00
<b>Totals</b>		<b>17.50</b>
Trimester 2		
MTSC-1202	Anatomy and Physiology 2	4.00
MTSC-1212	Applied Anatomy	2.00
MTPR-1221	Business and Practice Management	1.50
MTCL-1201	Clinic Rotation 1: Foundational Skills	1.00
MTCL-1202	Clinic Rotation 2: Enhancement of Clinical Skills	1.00
MTPR-1222	Massage Therapy's Evolving Role in Healthcare	1.00
MTTE-1201	Clinical Massage 1	3.50
<b>Totals</b>		<b>14.00</b>
Trimester 3		
MTTE-1202	Clinical Massage 2	3.50
MTCL-1301	Clinic Rotation 3: Refinement of Clinical Skills	1.00
MTCL-1302	Clinic Rotation 4: Mastery of Clinical Skills	1.00
MTTE-1300	Hydrotherapy	0.50
MTTE-1400	Massage Therapy for Special Populations	2.00
MTSC-1311	Pathology	2.00
MTPR-1321	Professional Identity Development	0.50
<b>Totals</b>		<b>10.50</b>
Totals for Entire Program		
<b>Total Credits</b>		<b>42.00**</b>
<b>Total Credits (includes 3 credits of electives)</b>		<b>45.00</b>

\*Additional flexible schedules are available. Contact your admissions representative for details.

\*\*To get your AAS in Massage Therapy you only need to add the following credits:

- 15 Credits of General Education • 6 Credits of Electives

**Note:** Courses subject to change. Please visit Northwestern Health Sciences University's website for latest course information: [nwhealth.edu](http://nwhealth.edu)



## Evening Schedule\*

Trimester 1		Credits
MTSC-1201	Anatomy and Physiology 1	4.00
BLS-1000	Basic Life Support	0.00
MTPR-1121	Ethics and Professionalism	2.00
FAD-1000	First Aid	0.00
MED-1000	Medical Terminology	1.00
MTTE-1101	Relaxation Massage 1	2.50
INCR-1001	Foundations of Integrative Care	1.00
<b>Totals</b>		<b>10.50</b>
Trimester 2		
MTSC-1201	Anatomy and Physiology 2	4.00
MTPR-1122	Foundations of Evidence-Informed Practice	1.00
MTSC-1102	Fundamentals of Nutrition	2.00
MTPR-1123	Legal Aspects of Therapeutic Massage	0.50
MTCL-11100	Pre-Clinic Workshop	1.50
MTTE-1102	Relaxation Massage 2	2.00
<b>Totals</b>		<b>11.00</b>
Trimester 3		
MTSC-1212	Applied Anatomy	2.00
MTPR-1221	Business and Practice Management	1.50
MTCL-1201	Clinic Rotation 1: Foundational Skills	1.00
MTCL-1202	Clinic Rotation 2: Enhancement of Clinical Skills	1.00
MTPR-1222	Massage Therapy's Evolving Role in Healthcare	1.00
MTPR-1321	Professional Identity Development	0.50
MTTE-1201	Clinical Massage 1	3.50
<b>Totals</b>		<b>10.50</b>
Trimester 4		
MTTE-1202	Clinical Massage 2	3.50
MTCL-1301	Clinic Rotation 3: Refinement of Clinical Skills	1.00
MTCL-1302	Clinic Rotation 4: Mastery of Clinical Skills	1.00
MTTE-1300	Hydrotherapy	0.50
MTTE-1400	Massage Therapy for Special Populations	2.00
MTSC-1311	Pathology	2.00
<b>Totals</b>		<b>10.00</b>
Totals for Entire Program		
<b>Total Credits</b>		<b>42.00**</b>
<b>Total Credits (includes 3 credits of electives)</b>		<b>45.00</b>

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