

CERTIFICATE IN RELAXATION MASSAGE



Daytime Schedule

Trimester 1		Credits
MTSC-1201	Anatomy and Physiology 1	4
BLS-1000	Basic Life Support	
MTPR-1121	Ethics and Professionalism	2
FAD-1000	First Aid	
MTPR-1122	Foundations of Evidence-Informed Practice	1
MTPR-1123	Legal Aspects of Therapeutic Massage	0.5
MED-1000	Medical Terminology	1
MTCL-1100	Pre-Clinic Workshop	1.5
MTTE-1101	Relaxation Massage 1	2.5
MTTE-1102	Relaxation Massage 2	2
INCR-1001	Foundations of Integrative Care	1
Totals		15.5
Trimester 2		
MTSC-1202	Anatomy and Physiology 2	4
MTPR-1321	Professional Identity Development	0.5
MTTE-1005	Introduction to Special Populations	1
MTCL-1201	Clinic Rotation 1: Foundational Skills	1
MTCL-1202	Clinic Rotation 2: Enhancement of Clinical Skills	1
Totals		7.5
Totals for Entire Program		
Total Credits (includes 2 credits of electives)		25

Note: Courses subject to change. Please visit Northwestern Health Sciences University's website for latest course information: nwhealth.edu



Evening Schedule

Trimester 1		Credits
MTSC-1201	Anatomy and Physiology 1	4
MTPR-1121	Ethics and Professionalism	2
MTPR-1123	Legal Aspects of Therapeutic Massage	0.5
MED-1000	Medical Terminology	1
MTTE-1101	Relaxation Massage 1	2.5
INCR-1001	Foundations of Integrative Care	1
Totals		11
Trimester 2		Credits
MTSC-1202	Anatomy and Physiology 2	4
	Basic Life Support	
FAD-1000	First Aid	
MTCL-1100	Pre-Clinic Workshop	1.5
MTTE-1102	Relaxation Massage 2	2
Totals		7.5
Trimester 3		Credits
MTCL-1201	Clinic Rotation 1: Foundational Skills	1
MTCL-1202	Clinic Rotation 2: Enhancement of Clinical Skills	1
MTPR-1122	Foundations of Evidence-Informed Practice	1
MTTE-1005	Introduction to Special Populations	1
MTPR-1321	Professional Identity Development	0.5
Totals		4.5
Totals for Entire Program		Credits
Total Credits (includes 2 credits of electives)		25

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